



The Happy Book Sticky Notes

By Rachel Kempster, Meg Leder

Paperback. Book Condition: New. Not Signed; Encouraging creative doodling, scribbling, and dreaming, these sticky notes are the newest way to answer daily, what makes you happy? The notes include prompts such as.- What words make you laugh? Write them here, and keep this note handy as a lighthearted reminder. - Spontaneous Happiness Generator: Have a friend write down what makes them happy here. Is there anything you share? - Your Happy Timeline: Plot out your happiest moments on this timeline. Your first puppy? A fun date? Mark them here. book.



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